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Vegans Daily Companion 365 Days

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Vegan's Daily Companion : 365 Days of Inspiration for Cooking, Eating, and Living Compassionately by Colleen Patrick-Goudreau (2013, Paperback)

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Vegan's Daily Companion (Paperback) 365 Days of Inspiration for Cooking, Eating, and Living Compassionately. By Colleen Patrick-Goudreau. Quarry Books, 9781592538553, 320pp. Publication Date: April 1, 2013. Other Editions of This Title: Paperback (3/1/2011)

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Vegan's Daily Companion: 365 Days of Inspiration for Cooking, Eating, and Living Compassionately by Colleen Patrick-Goudreau. Hardcover book with pictorial boards (no dust jacket) published by Quarry Books 2011, 320 pages with colour photographs. ISBN 9781592536795

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Like. "There is a stereotype that vegans talk about being vegan all the time. The irony is, once people find out I'm vegan, I quickly become their confessor, counselor, and sounding board." — Colleen Patrick-Goudreau, Vegan's Daily Companion: 365 Days of Inspiration for Cooking, Eating, and Living Compassionately.

Vegan's Daily Companion Quotes by Colleen Patrick-Goudreau

Get this from a library! Vegan's daily companion : 365 days of inspiration for cooking, eating, and living compassionately. [Colleen Patrick-Goudreau] -- A year in the life of a joyful vegan--Mondays, For the love of food; Tuesdays, Compassionate communication; Wednesdays, Optimum health for body, mind, and spirit; Thursdays, Animals in the arts: ...

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